

This happy, turnkey, in-house, self-entertainment program is specifically for nursing home residents. Especially designed to fit neatly into the everyday life of the nursing home, it is the cost effective, long-term solution to the ever-demanding need for stimulating activities and social interaction for residents.

People just like you responded to one question from us.

“If you could fill one page with something you feel nursing home residents would enjoy sharing, what would that be?”

Hundreds of letters, poems, games, riddles, projects & much more were collected by MLI. They have been divided into activity categories for residents, staff and visitors to enjoy, as socialization tools. These categories appear on the mail board, which is hung in a prominent place on the wall in your nursing home.

Categories are:

| | |
|----------------------|-------------------|
| Record your memories | Let's Get Strong |
| Shannon's Corner | Letters & Stuff |
| For Your Delight | Share A Song |
| Jobs For Residents | The Learning Page |
| Getting To Know You | Armchair Vacation |

New mail is posted weekly and all mail is formatted and presented to enhance ideas, conversation, activities and creativity.

The possibilities, in variety of use, are unlimited, since residents and visitors share their own individual interests and talents, at the board.

There is something for everyone.

Children – Teens – Adults

Those with varying levels of abilities and disabilities
Residents who remain in their rooms

Volunteer Visitors:

Statistics show that over 60% of residents never – ever - get mail or a visitor. Now they can have both. Families, friends, the community and local businesses are encouraged to join ranks by giving just 30 minutes a month to visiting residents to share the board activities.



This is not outside entertainment.
This program works from inside the home with
resident's interests and talents
24/7 - 365.

For more information visit our website at:
www.mylettersintl.com

My Letters International
2424 Pioneer Ave. Suite 405
Cheyenne, WY 82001
307-778-4715

Please visit this Nursing Home



My Letters
International
Mailbox for Nursing Home Residents™

Presents

THE MLI MAIL BOARD

**A TURNKEY IN-HOUSE ACTIVITY &
ENTERTAINMENT PROGRAM**

Created specifically for nursing home
residents to share with each other, staff
and visitors.

Designed & organized specifically to work
within the structure of the business of
running a nursing home.